

2015/2016 Season
CPA Asticou - CanSkate Information Sheet

1. What to wear? Mitts, warm coat/sweater/sweat shirt, track with rain type pant cover / no jeans please (Ensure that pants will not get caught on the skate blade)
2. ONLY CSA approved hockey helmets (This is a Skate Canada policy), figure skates/hockey skates/recreational skates (no plastic skates i.e. princess/cars type skates)
3. At times, a child may not be allowed on the ice or may be asked to leave the ice. The reasons why are: no helmet, improper skates, or is being disruptive to other skaters, the coaches or the program assistants. Disruptive means refusing to participate, yelling, kicking, hitting, spitting and/or using unacceptable language.
4. Skaters should arrive at the arena 15 minutes before the session starts and be ready to get on the ice when the session starts. When a skater is late, it disrupts the whole session. Also, skaters must promptly leave ice when the session is over.
5. The doors to the ice must be closed once the session has started. Please leave doors closed as skaters could get off the ice without someone noticing and could get hurt or wander off.
6. Absolutely no food, no drinks, or gum is allowed on ice.
7. The canskate fees cover 22 classes. We are giving 25 classes. Skating lessons may be cancelled from time to time – there will be no refund or extra ice to make up cancelled sessions:
 - Ice can be cancelled due to ice conditions, usually cancelled by the city;
 - Not enough coaches or program assistants to accommodate the number of skaters;
 - Cancelled due to conflicting schedule with another event.
8. The ratio of skaters to coaches is approximately 10 skaters to 1 coach.
9. CanSkate skaters will receive a name tag at their first session. Please ensure that the name tag is picked up in the lobby every session and returned before leaving each session. To that end, we need two volunteers per session to hand out name tags.
10. CPA Asticou is responsible to provide the CanSkate coaches but semi-private coaches are the responsibility of the parents to arrange.
11. When a child changes from CanSkate to semi-private or private lessons, it must be approved by the CanSkate Coach/Coordinator, the Club must be notified because you may have an increase in skating fee; semi-private and private skaters parents are responsible to pay for coaches and scheduling lessons with him/her.
12. During the year, you will receive a Skate Canada card. On it you will find the Skate Canada number which will be the child's number for life. It will be used to track their progress with Skate Canada throughout their skating career. It also serves as proof of insurance to participate in the CPA Asticou Canskate sessions and it will be needed to obtain your tax receipt.
13. You will be able to get your child's receipt in the spring from Skate Canada's Web Site (<https://members.skatecanada.ca/memberreg/logon.cfm>), the Skate Canada Number is the username and the password is the child's last name.
14. Updates on the skating season will be found on the club's webpage at: <http://www.cpaasticou.com>
15. To contact the Asticou Club, please use e-mail (cpa.asticou@bellnet.ca) as the answering machine is not checked on a regular basis.
16. For skating registration, write your cheque out to CPA Asticou. Post dated cheques are not accepted. If the cheque is returned, for any reason, by your financial institution, there will be an additional \$15.00 charge.