



COMPETITION NOTICE
Invitation CPA Asticou 2021

PRESENTED BY
CPA Asticou
Outaouais

From : December 9th, 2021
To : December 12th, 2021

SANCTION NUMBER : OU-IR-21-
007

Sanctionned by Patinage Québec



Sanction Details — INTERREGIONAL COMPETITIONS

The CPA Asticou announces the holding of the competition Invitation CPA Asticou 2021

Dates : December 9 to 12, 2021

Competitors must be Skate Canada members in good standing whose home club is located in one of the following regions or clubs :

Outaouais
Ontario

A Skater who trains full-time in a recognized Sport-études program can also register if the Sport-études' region is invited. They must enter their home club and the name of their Sport-études.

A Senior, Junior, Adult and Special Olympics skater is eligible even if their region is not invited.

Manager of the Competition :	André Pelletier
Phone : 873-354-2576	Email : competition.cpa.asticou@gmail.com
President :	André Pelletier
Phone : 873-354-2576	Email: competition.cpa.asticou@gmail.com
Technical Representative :	Stéphanie Marcus
Chief Data Specialist :	Suzanne Leblanc
Computer Data Specialist Supervisor :	André Voyer

PATINAGE QUÉBEC

SANCTION NUMBER : Provided by Patinage Québec

HOST :	CPA Asticou
WEBSITE :	English-Index (cpa-asticou.com)
EMAIL :	competition.cpa.asticou@gmail.com
PHONE :	873-354-2576

The competition is governed by Skate Canada rules.

GENERAL INFORMATION

IN A PANDEMIC CONTEXT SINCE LAST MARCH, PATINAGE QUÉBEC AND/OR INVITATION CPA ASTICOU 2021 HAS THE RIGHT TO MODIFY OR CANCEL THE EVENT AT ANY TIME FOLLOWING RECOMMENDATIONS OF THE PUBLIC HEALTH OF QUEBEC.

1. Location

The competition will be held at :

ICE 1

Aréna Paul et Isabelle Duchesnay
92 rue du Patrimoine
Gatineau, J9H 3P4

2. Ice Surface

Dimensions of the ice surface is of **Rink 1 : 85' X 200' (STANDARD LNH)**

3. Accidents and Liability

Patinage Canada, Patinage Québec, CPA Asticou and the volunteer team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the volunteer team and against their officers; their entries shall be accepted only on these conditions.

4. Behaviour of Participants

Participants are bound to obey the instructions of the officials in charge of the competition.

Competitors who, directly or indirectly, express themselves in improper manners regarding the officials or their decisions or regarding the marking of the officials, may be suspended and/or excluded from further competition.

5. Restrictions

- A) The committee reserves the right to limit the number of participants in each category. Its decision will be final.
- B) **Other restrictions** approved by the provincial committee : Addition of the organizing committee
 - a. The committee reserves the right to cancel a category if the number of participants is insufficient.

6. Registration

Internet : A duly completed online form must be submitted for each skater wishing to register for this activity.

Also, Teams must complete the online form provided for this purpose.

Registrations submitted after the deadline set in the competition announcement can only be accepted at the choice of the committee in charge of the competition.

Registrations must be made online at the following link : <https://www.amilia.com/store/fr/cpa-asticou/shop/programs>

Deadline : November 8th, 2021

7. Payment method(s) : (Select your accepted payment types)

- ✓ Credit Card ;

No payment will be accepted after November 8, 2021.

Registration fees will only be refunded if the event does not take place or if the registration is withdrawn before the registration deadline.

Administrative fees of 5 % as well as 4.15% (Amilia fees paid upon registration, non-refundable) will be retained if withdrawal before the registration deadline.

No refund after the registration deadline.

8. Registration Fees :

90 \$ per CPC event ([Cumulative Points Calculation](#) in singles; (STAR 5 to Gold and Pre-Juvenile to Senior) (Artistic) (Adult) (Special Olympics Level 6) (Solo Ice Dances) (showcase 3 et 4);

60 \$ for the 2nd program in CPC (only Short Prog. and Free Prog. in the same category);

90 \$ per CPC combined event, in singles; (Pre-Novice to Senior) one result only;

90 \$ per CPC event, couples/dance, **per** partner;

90 \$ per CPC combined event, couples/dance, **per** partner;

80 \$ per Performance Standard with ranking events (STAR 4 and Special Olympics);

80 \$ per Performance Standard event : (Relève) (STAR 1, STAR 2 and STAR 3) (Artistic) (Special Olympics Danse Introduction) (Showcase 1 and 2);

70 \$ per Can Skate event;

60 \$ per additional event, Performance Standard and Performance standard with ranking;

70 \$ per Elements Event; (4 elements)

70 \$ per Team Event; (4 elements)

9. Tests Limits

The test deadline is the same as the registration deadline.

10. Rating Systems (Select according to your appendices)

- a) The cumulative point calculator « **CPC** » system for events judged as CPC. (See appendices)
- b) « **Performance Standard with ranking** » system. (See appendices)
- c) « **Performance Standard** » system. (See appendices)

11. Music

Each skater or pairs must provide **two (2) CDs** during registration, at least one (1) hour before the start of their event.

Standard Specifications for CDs

- (1) Only one program shall be recorded on each CD.
- (2) They must be recorded in MUSIC (Audio) format.
- (3) Competitor's name followed by category, program type – short or free, and music time shall be shown on the CD label.
- (4) MP3 files are not accepted.
- (5) Each CD shall be enclosed in a plastic case.

Keep your CDs cleaned and make sure they are not scratched to avoid playback problems.

12. Skaters Accreditation

All Skaters must register as soon as they arrive at the arena where they are skating, at least one hour before the start of their event. They will give their two (2) CDs to the persons responsible at the front desk, along with their program content sheet.

13. Coaches Accreditation

Coaches must have the minimum NCCP certification for each competition.

Scenario 1 : Please note that to receive free accreditation for the different competitions, you need to:

- Present your valid Patinage Québec card.
 - o In addition, all additional dates on the card must also be valid. (Ex: First Aids, Back check, etc.)

Scenario 2 : You do not meet the conditions of scenario 1, then you must pay **\$15 to receive your accreditation** (for the duration of the competition) in the following cases:

- You have a valid Patinage Québec card but one or more additional dates are no longer valid:
 - o You must have proof of updated credentials with you.
- You have a Patinage Québec card that is no longer valid:
 - o You have proof of Skate Canada membership for the current season (additional dates must be valid). - In the event the additional dates are not valid, you must have proof of updated credentials with you.
- You do not have a Patinage Québec card but your name is on the list of coaches in good standing.
- You do not have a Patinage Québec card, your name is not on the coaches in good standing list, but you have with you:
 - o Proof of Skate Canada membership for the current season
 - o Valid First Aids certificate
 - o Back Check certificate
 - o Respect in Sport certificate
 - o Code of Ethics certificate
 - o OR a print screen of your profile on Skate Canada website displaying the dates for proof of certificates mentioned above.

Scenario 3 : You do not meet the conditions of scenarios 1 or 2, you will **not be accredited** and will then have **to be replaced** by your athlete by a coach in good standing.

- **If the coach is refused entry (not in good standing), the person responsible for accreditation will notify the technical representative so that this coach does not show up in the rooms or on the edge of the board.**

Number of coaches with athlete

One coach per competitor/competitor/team will be accredited. **Only one person, chosen by the skater, skater pair or team, will be allowed on the ice.**

During accreditation

Coaches must register in person and present their valid coach card with photo. It needs to be worn around their neck at all times.

A colored bracelet (provided by Patinage Québec for provincial competitions only) will be wrapped around the card lanyard OR on the coach's wrist if the payment of \$15 has been made (proof provided).

If a coach is refused entrance (not in good standing), the person responsible for accreditation will advise the technical representative to ensure that access to changing rooms or rink side is denied for that coach.

14. Admission

The general admission is free

Skates and their chaperones will have a weekend pass upon accreditation.

15. Chaperones

Chaperones are allowed in the skater's room only for the following categories: (one person per participant)

(Select your authorized categories)

- ✓ Relève;
- ✓ STAR 1, STAR 2, STAR 3, STAR 4 less than 10 years et STAR 5 less than 10 years;
- ✓ Pre-Juvenile less than 11 years;
- ✓ Sans Limites less than 7 years, less than 8 years, less than 9 years and less than 10 years.

16. Awards

a) CPC Events

Medals will be given to the first three (3) in each category in accordance with the regulations. When there are only 2 participants in an event, those skaters will receive a medal. In the event that there is **only one participant, the skater will receive a medal.**

b) Performance Standards Events

Skaters will receive a ribbon and a certificate according to the performance standard achieved.

c) Performance Standards with ranking events

Medals will be given to the first 3 and all participants will receive a certificate according to the performance standard achieved.

17. Perpetual Trophy

No trophy will be awarded to the club with the most points according to the organizing committee's criteria.

18. Competition schedule (Select a single broadcast mode)

A tentative schedule will be available on the website after the registration deadline.

19. Groups formation

For competitive categories, groups will be formed by a random draw, as per [Skate Canada rules](#).

For all STAR Skate categories, sort skaters by age and divide them into groups.

For STAR Skate 1 to 3: If there are enough boys, they can be grouped together regardless of age (i.e. 2 or more boys). Events for boys should take place as long as at least 2 boys are entered in a STAR Competition.

20. Video

Not available.

21. Photos

Not available.

22. Restaurants

There is no Snack Shack.

23. COVID-19

The new coronavirus, COVID-19, has been declared a global pandemic by the World Health Organization (WHO). COVID-19 is extremely contagious and is believed to be spread primarily through person-to-person contact. Before, government authorities, both local, provincial and federal, are recommending various measures and prohibiting various behaviors, all with the aim of reducing the spread of the virus.

Specific measures will be sent to the participants following their registration.

THIS ANNOUNCEMENT IS SUBJECT TO CHANGE

Any regulations or communications that the ISU and the Quebec government publish in the coming months could result in changes to the announcement of the Invitation CPA Asticou 2021.

APPENDIX – COMPETITIVE SKATING

ELIGIBILITY

Competitors must be Skate Canada [members in good standing](#).

Competitors must meet the [testing requirements](#).

For non-qualifying competitions, competitors can 'move-up' a category without having to meet testing requirements.

Skaters **cannot register** in a competitive category **and** a STAR category for the **same** discipline (ex. In singles) during the **same** competition.

Skaters can register in two categories for the same discipline (example Pre-Novice and Novice in Singles)

TECHNICAL INFORMATION

The Quebec Competition Preparation Kit, Skate Canada Discipline Program Requirements for each discipline, ISU press releases and clarifications should be consulted for each competition. In these documents you will find the program content for each category.

RATING SYSTEM

The cumulative point calculator « CPC » system is used for all competitive skating events.

EVALUATION SYSTEM FOR THE 'RELÈVE' CATEGORY

- Performance Standard system.

SINGLES EVENTS

✓ Ladies

✓ Mens

✓ COMBINED PROGRAMS (PRE-NOVICE TO SENIOR)

- **JUNIOR**

Test : Must have completed the Gold free style test.
Age : Under 19 years of age as of July 1st preceding the competition
Short Prog. : 2 min. 40 sec. (+/- 10 sec.)
Free Prog. : 3 min. 30 sec. (+/- 10 sec.)

- **NOVICE**

Test : Must have completed the Gold free style test.
Age : Under 17 years of age as of July 1st preceding the competition
Short Prog: 2 min. 20 sec. (+/- 10 sec.)
Free Prog.: 3 min. 30 sec. (+/- 10 sec.)

APPENDIX – COMPETITIVE SKATING

- **PRE-NOVICE**

Test : Must have completed the STAR 5 Free style test or a higher level test.
Age : Under 16 years of age as of July 1st preceding the competition
Short Prog. : 2 min. 20 sec. (+/- 10 sec.)
Free Prog.: 3 min. (+/- 10 sec.)

- **JUVENILE UNDER 14 YEARS OF AGE**

Test : Must have completed the STAR 5 Free style test or a higher level test.
Age : Under 15 years of age as of July 1st preceding the competition
For 2021-2022 only, Skate Canada is extending the age limit
Free Prog.: 2 min. 30 sec. (+/- 10 sec.)

- **PRE-JUVENILE UNDER 11 YEARS OF AGE**

Test : Must have completed the STAR 5 Free style test or a higher level
Age : Under 11 years of age as of July 1st preceding the competition
Free Prog: 2 min. 30 sec. (+/- 10 sec.)

- **SANS LIMITES UNDER 10 YEARS OF AGE, LADIES**

Test : No restrictions
Age : Under 10 years of age as of July 1st preceding the competition
Free Prog: 2 min. 30 sec. (+/- 10 sec.)

- **SANS LIMITES UNDER 9 YEARS OF AGE**

Test : No restrictions
Age : Under 9 years of age as of July 1st preceding the competition
Free Prog: 2 min. 30 sec. (+/- 10 sec.)

- **SANS LIMITES UNDER 8 YEARS OF AGE, LADIES**

Test : No restrictions
Age : Under 8 years of age as of July 1st preceding the competition
Free Prog: 2 min. (+/- 10 sec.)

- **SANS LIMITES UNDER 7 YEARS OF AGE, LADIES**

Test : No restrictions
Age : Under 7 years of age as of July 1st preceding the competition
Free Prog: 2 min. (+/- 10 sec.)

- **RELÈVE**

Test : No restrictions
Age : Girls : Under 7 years of age as of July 1st preceding the competition.
Boys : Under 10 years of age as of July 1st preceding the competition.
Free Prog: Duration of 2 min (+/- 10 sec.)

DANCE EVENT

✓ COMBINED PROGRAMS (PRE-NOVICE TO SENIOR)

- **SANS LIMITES**

Test : Must have completed STAR 3 Dance tests, or a higher level.

Age : Under 14 years of age as of July 1st preceding the competition.

Pattern Dances : Canasta et Baby blues.

ELIGIBILITY

Competitors must be Skate Canada [members in good standing](#).

For non-qualifying competitions, competitors can upgrade to a category without having to meet [testing requirements](#).

Skaters **cannot register** in a competitive category **and** a STAR category for the **same** discipline (ex. in singles) during the **same** competition.

Skaters **cannot** register in a STAR category, after registering for the « Championships « sub-section » and/or « A » or « B » of section Quebec – Skate Canada » of the current year (**2021-2022**) for the same discipline.

- Current year : July 1st, 2021 to June 30th, 2022

Skaters can register to two categories of the same discipline. With the exception of STAR 7 and STAR 9 categories which can be combined with another STAR category.

Skaters registered for the Quebec Regional Games (Jeux du Québec) of the current year can register in a STAR category for the same discipline.

- Current year : July 1st, 2021 to June 30th, 2022

TECHNICAL INFORMATION

Reference : STAR Skate Competition Program Requirement

RATING SYSTEM

- The cumulative point calculator « CPC » system is used for all events of STAR 5 to Gold.
- The **Performance Standard with ranking system** is used for STAR 4 category.
- The **Performance Standard system** is used for STAR 1 to 3 events.

SINGLES EVENTS

✓ Ladies

✓ Mens

- **GOLD**

Test : Must have passed the complete STAR 8 (Junior Silver) Free Style test.

Age : No Limits

Free Prog. : Duration of 3 min. 30 sec. (+/- 10 sec.)

APPENDIX– STAR SKATE

- **STAR 10**
Test : Must have passed the complete STAR 8 (Junior Silver) Free style test
libre.Age : No Limits
Free Prog: Duration of 3 min. (+/- 10 sec.)

- **STAR 9**
Test : MUST have passed the complete STAR 5 Free style test (Junior Bronze).
Age : No Limits
Short Prog. : Duration of 2 min. 20 sec. (+/- 10 sec).

- **STAR 8**
Test : MUST have passed the complete STAR 5 Free style test (Junior Bronze).
Age : No Limits
Free Prog: 3 min. (+/- 10 sec)

- **STAR 7**
Test : MUST have passed the complete STAR 5 Free style test (Junior Bronze).
Age : No limits
Short Prog.: Duration of 2 min. 20 sec. (+/- 10 sec)

- **STAR 6**
Test : MUST have passed the complete STAR 5 Free style test (Junior Bronze).
Age : No Limits
Free Prog. : 2 min. 30 sec. (+/- 10 sec.)

- **STAR 5**
Tests : MUST NOT have passed any part of the STAR 8 (Junior Silver) Freestyle test.
Free Prog: 2 min. (+/- 10 sec.)
 - **Under 10 years of age**
Age : Must not have reached 10 years of age on July 1st preceeding the competition.
 - **Under 13 years of age**
Age : Must not have reached 13 years of age on July 1st preceeding the competition.
 - **13 years of age and up**
Age : Be 13 years of age or older as of July 1st preceeding the competition.

✓ **Girls**

✓ **Boys**

• **STAR 4**

Tests : MUST NOT have passed any part of the STAR 6 (Senior Bronze) Freestyle test.

Free Prog: 2 min. +/- 10 sec.

➤ **Under 10 years of age**

Age : Must not have reached 10 years of age on July 1st preceeding the competition.

➤ **Under 13 years of age**

Age : Must not have reached 13 years of age on July 1st preceeding the competition.

➤ **13 years of age and up**

Age : Be 13 years of age or older as of July 1st preceeding the competition.

• **STAR 3**

Test : MUST NOT have passed any part of the STAR 6 (Senior Bronze) Freestyle test.

Age : No Limits

Free Prog: 2 min. (+/- 10 sec.)

• **STAR 2**

Test : MUST NOT have passed any part of the STAR 6 (Senior Bronze) Freestyle test.

Age : No Limits

Free Prog: Max duration of 2 min et 10 secondes.

• **STAR 1**

Test : MUST NOT have passed any part of the STAR 6 (Senior Bronze) Freestyle test.

Age : No Limits

Elements

SOLO PATTERN DANCE COMPETITION

Reference : STAR Skate Competition Program Requirement

Skate Canada Series Eight music will be used for all pattern dance events. However, couples have the option to use a selection from the ISU Ice Dance music (only tunes one to five) or from the Skate Canada approved list of contemporary music. If couples chose to use either an ISU or contemporary music selection, they must supply this music to the competition organizers as indicated in the announcement for the competition. Only Skate Canada Series Eight music will be used during the warm-up period.

✓ Follow

✓ Lead

- **STAR 10/GOLD**

Test : Must have passed the complete STAR 8 (Junior Silver) dance assessment.

Age : No Limits

Two pattern dances as follows :

Blues (3 seq.) and **Viennese Waltz** (3 seq.)

- **STAR 8/9**

Test : Must have passed the STAR 5 dance assessment or higher.

Age : No Limits

Two pattern dances as follows :

Rocker (4 seq.) and **Paso** (3 seq.)

- **STAR 6/7**

Test : Must have passed the STAR 5 dance assessment or higher.

Age : No Limits

Two pattern dances as follows :

Willow (2 seq.) and **Fox Trot** (4 seq.)

- **STAR 4/5**

Test : Must have passed the STAR 3 dance assessment or higher

Age : No Limits

Two pattern dances as follows :

Fiesta (3 seq.) and **Willow** (2 seq.)

- **STAR 2/3**

Test : Must have passed the complete STAR 1 dance assessment.

Age : No Limits

Draw for one of :

1. Dutch Waltz (2 seq.)
2. Tango Canasta (2 seq.)
3. Baby Blues (2 seq.)

APPENDIX – ARTISTIC

ELIGIBILITY

Competitors must be Skate Canada [members in good standing](#).

For non-qualifying competitions, competitors can upgrade to a category without having to meet [testing requirements](#).

TECHNICAL INFORMATION

Reference : STAR Skate Competition Program Requirement

RATING SYSTEM

The cumulative point calculator « CPC » system is used for the Artistic Events.

✓ Ladies

✓ Mens

- **GOLD**

Test : Must have passed Gold Artistic Assessment (or Gold Interpretation test).
Age : No Limits
Program Max duration of 2 min. 40 sec

- **STAR 9**

Test : Must have passed STAR 7 Artistic Assessment (or Silver Interpretation test), but no higher test.
Age : No Limits
Program Max duration of 2 min. 10 sec.

- **STAR 7**

Test : Must have passed STAR 5 Artistic Assessment (or Bronze Interpretation Test), but no higher test.
Age : No Limits
Program Max duration of 2 min. 10 sec.

- **STAR 5**

Test : Must have passed STAR 4 Skills assessment (or the introduction to Interpretation test),but no higher test.
Age : No Limits
Program Max duration of 2 min. 10 sec.

APPENDIX – SHOWCASE

ELIGIBILITY

Competitors must be Skate Canada [members in good standing](#).

For non-qualifying competitions, competitors can upgrade to a category without having to meet [testing requirements](#).

TECHNICAL INFORMATION

Reference : STAR Skate Competition Program Requirement

RATING SYSTEM

The cumulative point calculator « CPC » system is used for Showcase 3 and 4 events.

The performance standard system is used for Showcase 1 and 2 events.

✓ Ladies

✓ Mens

- **SHOWCASE 4**

Test : Must have passed STAR 8 Freestyle (Junior silver) or a higher level.
Age : No Limits
Program Max duration of 2 min. 30 sec

- **SHOWCASE 3**

Test : Must have passed STAR 6 Freestyle (Senior bronze), but no higher test than STAR 8 Freestyle (Junior Silver).
Age : No Limits
Program Max duration of 2 min.

- **SHOWCASE 2**

Test : Must have passed STAR 5 Freestyle (Junior bronze), but no higher test than STAR 6 Freestyle (Senior bronze).
Age : No Limits
Program Max duration of 1 min. 30 sec.

- **SHOWCASE 1**

Test : Must have passed STAR 4 Freestyle, but no higher level.
Age : Not Limits
Program Max duration of 1 min.

APPENDIX – TEAMS

ELIGIBILITY

Competitors must be Skate Canada [members in good standing](#).

For non-qualifying competitions, competitors can upgrade to a category without having to meet [testing requirements](#).

- Teams must be made up of two to four skaters. More than 50% of the team's skaters must have passed the required test to enter the event (ex. 2 of 3, 3 of 4). Elements are skated in the order indicated on the list.
- Each skater performs one element. If the team has fewer than four skaters, no skater may perform more than two elements.
- Elements are skated in the order in which they are listed. The first element is performed by each team registered in the event before the second element is performed, and so on.
- Each element can only be tried once.

Teams cannot be formed by skaters from different clubs.

TECHNICAL INFORMATION

Reference : STAR Skate Competition Program Requirement

RATING SYSTEM

- The **Performance Standard with ranking system** is used for all categories.

TEAM - STAR

- **OPEN TEAM (STAR 6 or higher)**
- **GOLD TEAM**
- **STAR 9/10 TEAM**
- **STAR 7/8 TEAM**
- **STAR 6 TEAM**
- **STAR 5 TEAM**
- **STAR 4 TEAM**

APPENDIX – ELEMENTS

ELIGIBILITY

Competitors must be Skate Canada [members in good standing](#).

- Each skater performs four isolated elements, in the order list for their level of competition.
- Each element can only be tried **once**.
- All skaters will perform the first element before the second element and so on.

Age : No age limits for these categories

TECHNICAL INFORMATION

Reference : STAR Skate Competition Program Requirement

RATING SYSTEM

- The **Performance Standard with ranking system** is used for STAR 4 and above categories
- The **Performance Standard system** is used for STAR 2 and 3 categories.

- **OPEN ELEMENTS (STAR 6 or higher)**
- **GOLD ELEMENTS**
- **ELEMENTS STAR 9/10**
- **ELEMENTS STAR 7/8**
- **ELEMENTS STAR 6**
- **ELEMENTS STAR 5**
- **ELEMENTS STAR 4**
- **ELEMENTS STAR 3**
- **ELEMENTS STAR 2**