



DISCLAIMER : The French competition notice is the official notice. In case of discrepancy, the French notice prevails over this one. This was translated by the organizing committee for your convenience but is not an official version from Patinage QC.

COMPETITION NOTICE
Invitation CPA Asticou 2023 - CPA Asticou Invitational

PRÉSENTÉ PAR
CPA Asticou

DU : 2023/11/09
AU : 2023/11/12

N^o DE SANCTION : OU-IR-23-084

Sanctionned by Patinage Québec



SANCTION Details— Interregional Competition

The CPA Asticou announces the holding of the 2023 CPA Asticou 2023 Invitational

Dates : 2023/11/09 au 2023/11/12

Competitors must be Skate Canada members in good standing and whose home club is located in one of the following regions or clubs :

- Abitibi-Témiscamingue
- Outaouais
- Ontario

Un patineur qui s'entraîne à temps plein dans un programme Sport-études reconnu peut également s'inscrire si la région du Sport-études est invitée, ils doivent inscrire leur club d'appartenance et le nom de leur Sport-études.

Un patineur de catégorie Senior, Junior, Adulte et Olympiques spéciaux est admissible même si sa région n'est pas invitée.

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Organizing committee president :	
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Technical Representative :	Julie Sabourin
Chief Data Specialist :	Suzanne LeBlanc
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PATINAGE QUÉBEC

N° DE SANCTION : OU-IR-23-084

HOST :	CPA Asticou
WEBSITE :	http://www.cpa-asticou.com/French-Index.html
EMAIL :	competition.cpa.asticou@gmail.com
PHONE :	8733542576

The competition is governed by Skate Canada rules.

GENERAL INFORMATION

1. Site :

Competition will be held at :
Aréna Paul et Isabelle Duchesnay
92, rue du Patrimoine
Gatineau(QC) J9H 3P4

2. Ice surface

Ice dimension are :

ICE 1 : 85 x 200 (Standard LNH)

3. Accidents et Responsabilité

Patinage Canada, Patinage Québec, CPA Asticou and the volunteer team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the volunteer team and against their officers; their entries shall be accepted only on these conditions.

4. Comportement des participants

Les participants sont tenus de respecter les directives des officiels chargés de la compétition.

Participants are bound to obey the instructions of the officials in charge of the competition.

Competitors who, directly or indirectly, express themselves in improper manners regarding the officials or their decisions or regarding the marking of the officials, may be suspended and/or excluded from further competition.

5. Restrictions

The committee reserves the right to limit the number of participants in each category. Its decision will be final.

No special demand for day or time will be retained .

No global payment for skaters from a club.

The committee reserves the right to cancel a category if insufficient participant are registered.

6. Inscription

Internet : A duly completed online form must be submitted for each skater wishing to register for this activity.

Also, Teams must complete the online form provided for this purpose.

Registrations submitted after the deadline set in the competition announcement can only be accepted at the choice of the committee in charge of the competition.

Online registration at : <https://www.amilia.com/store/en/cpa-asticou/shop/programs>

Registration deadline : 2023/10/02 23:59

7. Payment method :

- Credit card ;

No payment will be accepted after the deadline of October 2nd 2023.

Registration fees will only be refunded if the event does not take place or if the registration is withdrawn before the registration deadline.

Administrative fees of 15 % will be retained if withdrawal before the registration deadline.

No refund after the registration deadline.

No refund after registration deadline.

8. Registration fees :

95 \$ per CPC event ([Cumulative Points Calculation](#) in singles; (STAR 5 to Gold and Sans Limites to Juvenile) (Artistic);

135 per CPC combined event, in singles; (Pre-Novice to Senior) one result only;

75 \$ per CPC event, couples/dance, **per** partner;

75 \$ par événement CPC combiné en couple/danse, **par** partenaire;

85 \$ per Performance Standard with ranking events (STAR 4 and Special Olympics);

85 \$ per Performance Standard event : (Relève) (STAR 1, STAR 2 and STAR 3) (Artistic);

60 \$ per additional event, Performance Standard and Performance standard with ranking;

70 \$ per Elements Event; (4 elements)

90 \$ per Team Event; (4 elements)

9. Test deadline

The deadline for test is the same date as the start of the competition.

10. Rating system

- a) The cumulative point calculator « **CPC** » system for events judged as CPC. (See appendices)
- b) « **Performance Standard with ranking** » system. (See appendices)
- c) « **Performance Standard** » system. (See appendices)

11. Music

Each skater or pairs must provide **two (2) CDs** during registration, at least one (1) hour before the start of their event.

Standard Specifications for CDs

- (1) Only one program shall be recorded on each CD.
- (2) They must be recorded in MUSIC (Audio) format.
- (3) Competitor's name followed by category, program type – short or free, and music time shall be shown on the CD label.
- (4) MP3 files are not accepted.
- (5) Each CD shall be enclosed in a plastic case.

Keep your CDs cleaned and make sure they are not scratched to avoid playback problems.

12. Skater accreditation

All Skaters must register as soon as they arrive at the arena where they are skating, at least one jour before the start of their event. They will give their two (2) CDs to the persons responsible at the front desk, along with their program content sheet.

13. Coaches accreditation

Coaches must have the minimum NCCP certification for each competition.

Scenario 1 : Please note that to receive free accreditation for the different competitions, you need to:

- Present your valid Patinage Québec card.
 - o In addition, all additional dates on the card must also be valid. (Ex: First Aids, Back check, etc.)

Scenario 2 : You do not meet the conditions of scenario 1, then you must pay **\$15 to receive your accreditation** (for the duration of the competition) in the following cases:

- You have a valid Patinage Québec card but one or more additional dates are no longer valid:
 - o You must have proof of updated credentials with you.
- You have a Patinage Québec card that is no longer valid:
 - o You have proof of Skate Canada membership for the current season (additional dates must be valid). - In the event the additional dates are not valid, you must have proof of updated credentials with you.
- You do not have a Patinage Québec card but your name is on the list of coaches in good standing.
- You do not have a Patinage Québec card, you name is not the coaches in good standing list, but you have with you:
 - o Proof of Skate Canda membership for the current season
 - o Valid First Aids certificate
 - o Back Check certificate
 - o Respect in Sport certificate
 - o Code of Ethics certificate
 - o OR a print screen of your profile on Skate Canada website displaying the dates for proof of certificates mentioned above.

Scenario 3 : You do not meet the conditions of scenarios 1 or 2, you will **not be accredited** and will then have

to be replaced by your athlete by a coach in good standing.

- **If the coach is refused entry (not in good standing), the person responsible for accreditation will notify the technical representative so that this coach does not show up in the rooms or on the edge of the board.**

Number of coaches with athlete

One coach per competitor/competitor/team will be accredited. **Only one person, chosen by the skater, skater pair or team, will be allowed on the ice.**

During accreditation

Coaches must register in person and present their valid coach card with photo. It needs to be worn around their neck at all times.

A colored bracelet (provided by Patinage Québec for provincial competitions only) will be wrapped around the card lanyard OR on the coach's wrist if the payment of \$15 has been made (proof provided).

If a coach is refused entrance (not in good standing), the person responsible for accreditation will advise the technical representative to ensure that access to changing rooms or rink side is denied for that coach.

14. Frais d'admission

12 years & older : 5\$

3 days passeport 3 jours : 10\$

Skaters or Skaters and their Chaperone will receive a weekend pass upon accreditation. Skates and their chaperones will have a weekend pass upon accreditation.

15. Chaperones

Les chaperons sont autorisés dans la chambre des patineurs seulement pour les catégories suivantes : (une seule personne par participant) :

- Relève;
- STAR 1, STAR 2, STAR 3, STAR 4 less than 10 years et STAR 5 less than 10 years;
- Sans Limites less than 7 years, less than 8 years, less than 9 years and less than 10 years.

16. Awards

a) CPC Events

In the event that there is only one participant, the skater will receive a medal.

b) Performance Standards Events

Skaters will receive a ribbon and a certificate according to the performance standard achieved.

c) Performance Standards with ranking events

Medals will be given to the first 3 and all participants will receive a certificate according to the performance standard achieved.

17. Perpetual trophy

There is no perpetual trophy

18. Compétition schedule

A tentative schedule will be available on the website after the registration deadline.

19. Formation des groupes

For competitive categories, groups will be formed by a random draw, as per [Skate Canada rules](#).

For all STAR Skate categories, sort skaters by age and divide them into groups.

For STAR Skate 1 to 3: If there are enough boys, they can be grouped together regardless of age (i.e. 2 or more boys). Events for boys should take place as long as at least 2 boys are entered in a STAR Competition.

20. Vidéo

The competition will be broadcast on the Web (Dailymotion), and will then be available free of charge on this platform (will be uploaded as soon as possible after the end of the entire event, there may be a delay of a few hours).

21. Photos

N/A

22. Restaurants

There's no restaurant, but there will be items for sale (coffee, soft drinks, popcorn, candy and other items).

Eligibility

Competitors must be Skate Canada [members in good standing](#).

Competitors must meet the [testing requirements](#).

For non-qualifying competitions, competitors can 'move-up' a category without having to meet testing requirements.

Skaters **cannot register** in a competitive category **and** a STAR category for the **same** discipline (ex. In singles) during the **same** competition.

Skaters can register in two categories for the same discipline (example Pre-Novice and Novice in Singles)

TECHNICAL INFORMATION

The Quebec Competition Preparation Kit, Skate Canada Discipline Program Requirements for each discipline, ISU press releases and clarifications should be consulted for each competition. In these documents you will find the program content for each category.

RATING SYSTEM

The cumulative point calculator « CPC » system is used for all competitive skating events.

EVALUATION SYSTEM FOR THE 'RELÈVE' CATEGORY

- Performance Standard system.

SINGLES EVENTS

✓ *Ladies*

☒ *Mens*

✓ **COMBINED PROGRAMS (PRE-NOVICE TO SENIOR)**

- SENIOR
 - Test : Must have completed the Gold free style test.
 - Age : No limit
 - Short Prog. : 2 min. 40 sec. (+/- 10 sec.)
 - Free Prog. : 4 min. (+/- 10 sec.)
- JUNIOR
 - Test : Must have completed the Gold free style test.
 - Age : Under 19 years of age as of July 1st preceding the competition
 - Short Prog. : 2 min. 40 sec. (+/- 10 sec.)
 - Free Prog. : 3 min. 30 sec. (+/- 10 sec.)
- NOVICE
 - Test : Must have completed the Gold free style test.
 - Age : Under 17 years of age as of July 1st preceding the competition
 - Short Prog.: 2 min. 20 sec. (+/- 10 sec.)
 - Free Prog.: 3 min. 30 sec. (+/- 10 sec.)

APPENDIX – COMPETITIVE SKATING

- **PRE-NOVICE**
Test : Must have completed the STAR 5 Free style test or a higher level test.
Age : Under 16 years of age as of July 1st preceding the competition
Short Prog. : 2 min. 20 sec. (+/- 10 sec.)
Free Prog.: 3 min. (+/- 10 sec.)
- **JUVENILE UNDER 14 YEARS OF AGE**
Test : Must have completed the STAR 5 Free style test or a higher level test.
Age : Under 14 years of age as of July 1st preceding the competition
Free Prog.: 2 min. 30 sec. (+/- 10 sec.)
- **PRE-JUVENILE UNDER 11 YEARS OF AGE**
Test : Must have completed the STAR 5 Free style test or a higher level test.
Age : Under 11 years of age as of July 1st preceding the competition
Free Prog: 2 min. 30 sec. (+/- 10 sec.)
- **SANS LIMITES UNDER 10 YEARS OF AGE, LADIES**
Test : No restrictions
Age : Under 10 years of age as of July 1st preceding the competition
Free Prog: 2 min. 30 sec. (+/- 10 sec.)
- **SANS LIMITES UNDER 9 YEARS OF AGE**
Test : No restrictions
Age : Under 9 years of age as of July 1st preceding the competition
Free Prog: 2 min. 30 sec. (+/- 10 sec.)
- **SANS LIMITES UNDER 8 YEARS OF AGE, LADIES**
Test : No restrictions
Age : Under 8 years of age as of July 1st preceding the competition
Free Prog: 2 min. (+/- 10 sec.)
- **SANS LIMITES UNDER 7 YEARS OF AGE, LADIES**
Test : No restrictions
Age : Under 7 years of age as of July 1st preceding the competition
Free Prog: 2 min. (+/- 10 sec.)
- **RELÈVE**
Test : No restrictions
Age : Girls : Under 10 years of age as of July 1st preceding the competition.
Boys : Under 10 years of age as of July 1st preceding the competition.
Free Prog: Duration of 2 min (+/- 10 sec.)

APPENDIX – COMPETITIVE SKATING

PAIRS

✓ **COMBINED PROGRAMS**

- **PRE-NOVICE**

Test :	Must have completed the STAR 5 (Junior Bronze) STAR 5 Free style test or a higher level test.
Âge :	Under 18 years of age as of July 1st preceding the competition l'évènement.
Short :	2 min. 40 sec. (+/- 10 sec.)
Free :	3 min. (+/- 10 sec.)

COUPLE DANSE

✓ **COMBINED PROGRAMS**

- **PRÉ-NOVICE**

Test :	Must have completed the full STAR 5 (Junior Bronze) danse or a higher level test.
Age :	Under 18 years of age as of July 1st preceding the competition l'évènement.
Danses sur tracé :	Rocker Foxtrot (4 séq.) et Valse Starlight (2 séq.)
Danse Libre :	2 min. 30 sec. (+/- 10 sec.)

ELIGIBILITY

Competitors must be Skate Canada [members in good standing](#).

For non-qualifying competitions, competitors can upgrade to a category without having to meet [testing requirements](#).

Skaters **cannot register** in a competitive category **and** a STAR category for the **same** discipline (ex. in singles) during the **same** competition.

Les patineurs **ne peuvent pas** s'inscrire dans une catégorie STAR, après s'être **inscrits** aux « Championnats » sous-section » et/ou « Junior et Senior » ou « Sans Limites à Novice » de section Québec – Patinage Canada » de l'année courante **(2023-2024)** pour la même discipline.

- **Année courante : 1^{er} juillet 2023 au 30 juin 2024**

Les patineurs peuvent s'inscrire dans deux catégories de la même discipline. À l'exception des catégories STAR 7 et STAR 9 qui peuvent être jumelées à une autre catégorie STAR.

- **Année courante : 1^{er} juillet 2023 au 30 juin 2024**

TECHNICAL INFORMATION

Reference : STAR Skate Competition Program Requirement

RATING SYSTEM

- The cumulative point calculator « CPC » system is used for all events of STAR 5 to Gold.
- The **Performance Standard with ranking system** is used for STAR 4 category.
- The **Performance Standard system** is used for STAR 1 to 3 events.

STARSKATE - APPENDIX

✓ *Girls*

☒ *Boys*

- GOLD
 - Test : Must have passed the complete STAR 8 (Junior Silver) Free Style test.
 - Age : No Limits
 - Free Prog. : Duration of 3 min. 30 sec. (+/- 10 sec.)

- STAR 10
 - Test : Must have passed the complete STAR 8 (Junior Silver) Free style test
 - Age : No Limits
 - Free Prog: Duration of 3 min. (+/- 10 sec.)

- STAR 9
 - Test : MUST have passed the complete STAR 5 Free style test (Junior Bronze).
 - Age : No Limits
 - Short Prog. : Duration of 2 min. 20 sec. (+/- 10 sec).

- STAR 8
 - Test : MUST have passed the complete STAR 5 Free style test (Junior Bronze).
 - Age : No Limits
 - Free Prog: 3 min. (+/- 10 sec)

- STAR 7
 - Test : MUST have passed the complete STAR 5 Free style test (Junior Bronze).
 - Age : No limits
 - Short Prog.: Duration of 2 min. 20 sec. (+/- 10 sec)

- STAR 6
 - Test : MUST have passed the complete STAR 5 Free style test (Junior Bronze).
 - Age : No Limits
 - Free Prog. : 2 min. 30 sec. (+/- 10 sec.)

- STAR 5
 - Tests : MUST NOT have passed any part of the STAR 8 (Junior Silver) Freestyle test.
 - Free Prog: 2 min. (+/- 10 sec.)
 - Under 10 years of age
 - Age : Must not have reached 10 years of age on July 1st preceding the competition.
 - Under 13 years of age
 - Age : Must not have reached 13 years of age on July 1st preceding the competition.
 - 13 years of age and up
 - Age : Be 13 years of age or older as of July 1st preceding the competition.

STARSKATE - APPENDIX

- STAR 4

Tests : MUST NOT have passed any part of the STAR 6 (Senior Bronze) Freestyle test.

Free Prog: 2 min. +/- 10 sec.

- Under 10 years of age

Age : Must not have reached 10 years of age on July 1st preceeding the competition.

- Under 13 years of age

Age : Must not have reached 13 years of age on July 1st preceeding the competition.

- 13 years of age and up

Age : Be 13 years of age or older as of July 1st preceeding the competition.

- STAR 3

Test : MUST NOT have passed any part of the STAR 6 (Senior Bronze) Freestyle test.

Age : No Limits

Free Prog: 2 min. (+/- 10 sec.)

- STAR 2

Test : MUST NOT have passed any part of the STAR 6 (Senior Bronze) Freestyle test.

Age : No Limits

Free Prog: Max duration of 2 min et 10 secondes.

- STAR 1

Test : MUST NOT have passed any part of the STAR 6 (Senior Bronze) Freestyle test.

Age : No Limits

ARTISTIC - APPENDIX

ELIGIBILITY

Competitors must be Skate Canada members in good standing.

For non-qualifying competitions, competitors can upgrade to a category without having to meet testing requirements.

TECHNICAL INFORMATION

Reference : STAR Skate Competition Program Requirement

RATING SYSTEM

The cumulative point calculator « CPC » system is used for the Artistic Events.

✓ *Ladies*

☒ *Mens*

- **GOLD**
Test : Must have passed Gold Artistic Assessment (or Gold Interpretation test).
Age : No Limits
Program Max duration of 2 min. 40 sec
- **STAR 9**
Test : Must have passed STAR 7 Artistic Assessment (or Silver Interpretation test), but no higher test.
Age : No Limits
Program Max duration of 2 min. 10 sec.
- **STAR 7**
Test : Must have passed STAR 5 Artistic Assessment (or Bronze Interpretation Test), but no higher test.
Age : No Limits
Program Max duration of 2 min. 10 sec.
- **STAR 5**
Test : Must have passed STAR 4 Skills assessment (or the introduction to Interpretation test),but no higher test.
Age : No Limits
Program Max duration of 2 min. 10 sec.

APPENDIX - TEAMS

ELIGIBILITY

Competitors must be Skate Canada members in good standing.

For non-qualifying competitions, competitors can upgrade to a category without having to meet testing requirements.

- Teams must be made up of two to four skaters. More than 50% of the team's skaters must have passed the required test to enter the event (ex. 2 of 3, 3 of 4). Elements are skated in the order indicated on the list.
- Each skater performs one element. If the team has fewer than four skaters, no skater may perform more than two elements.
- Elements are skated in the order in which they are listed. The first element is performed by each team registered in the event before the second element is performed, and so on.
- Each element can only be tried once.

Teams can be formed by skaters from different clubs.

TECHNICAL INFORMATION

Reference : STAR Skate Competition Program Requirement

RATING SYSTEM

- The **Performance Standard with ranking system** is used for all categories.

TEAM - STAR

- **OPEN TEAM (STAR 6 or higher)**
- **GOLD TEAM**
- **STAR 9/10 TEAM**
- **STAR 7/8 TEAM**
- **STAR 6 TEAM**
- **STAR 5 TEAM**
- **STAR 4 TEAM**

APPENDIX ELEMENTS

ELIGIBILITY

Competitors must be Skate Canada [members in good standing](#).

- Each skater performs four isolated elements, in the order list for their level of competition.
- Each element can only be tried **once**.
- All skaters will perform the first element before the second element and so on.

Age : No age limits for these categories

TECHNICAL INFORMATION

Reference : STAR Skate Competition Program Requirement

RATING SYSTEM

- The **Performance Standard with ranking system** is used for STAR 4 and above categories
- The **Performance Standard system** is used for STAR 2 and 3 categories.

- **OPEN ELEMENTS (STAR 6 or higher)**
- **GOLD ELEMENTS**
- **ELEMENTS STAR 9/10**
- **ELEMENTS STAR 7/8**
- **ELEMENTS STAR 6**
- **ELEMENTS STAR 5**
- **ELEMENTS STAR 4**
- **ELEMENTS STAR 3**
- **ELEMENTS STAR 2**